

**BREATHE**

**STARING  
CONTEST**

*Archives and Special Collections*

**Exhibition  
Explorer  
Cards**

**MAKE  
A  
STATEMENT**

Pick **one object** that appeals to you.

Set a timer on your phone for 1 minute.

**LOOK** at the object silently for that time.

Now, put the phone away.

**Share** one thing that stands out to you.

# PAUSE

Take a long slow breath in through your nose.

Exhale slowly.

Relax your face and shoulders.

\*\*Take two more slow breaths like this.

What statement does the exhibit make?

What would you tell a friend about the exhibit?

## Instruction

- Shuffle the cards.
- Complete the activities on each card.
- Bullet points and short answers are fine!
- Questions are welcome.

**Time:** 15-20 minutes

**Players:** 2-3 students

**Names of players:**

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**WALK  
AROUND**

**SLOW  
DOWN**

**GOT  
FEELS?**

**ZOOM  
IN**

# Notice

## the exhibition introduction wall

What is the title of the exhibit?

What is the scope of this exhibit?

# Browse

## the exhibition

Challenge: list all material types on display!

Why are the objects arranged in this layout?

Describe **one object**:

[i.e., material type, image, color, shape, text, etc.]

When was it produced? How is the object a product of its time?

What perspectives does the object reveal?

What might be the original purpose of this object?

What reactions do you have to the exhibit?

What captures you the most?

In one word or emoji, share your emotion.